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PRESS RELEASE

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TRANSLATIONS OF RECOMMENDATIONS FOR ANESTHESIA CARE OF PATIENTS WITH TWO RARE CONDITIONS PUBLISHED

FAIRFAX—On Monday, OrphanAnesthesia announced the online publication of 20 Czech-language translations of previously published clinical recommendations, two of which were authored by world-renowned DC area plastic surgeon, Dr Craig R Dufresne, MD, FACS, FICFS. OrphanAnesthesia, which publishes recommendations for anesthesia management of patients with rare disorders, is a project of the Scientific Working Group of Pediatric Anesthesia of the German Society of Anesthesiology and Intensive Care Medicine and Orphanet, a French working group of the Institute National de la Santé et de la Recherche Médicale (INSERM) devoted to rare disease information dissemination.

The translations were for clinical practice recommendations Dufresne co-authored on Freeman-Burian syndrome (FBS) and distal arthrogryposis type 3 (DA3) and describe the conditions, their diagnosis, typical surgeries patients undergo, special considerations before surgery, suggested anesthetic approach, potential complications, and monitoring and care after surgery. Both are non-progressive muscular conditions that arise before birth. FBS, an exceptionally rare and difficult to treat birth defect, is primarily a condition of facial and skull muscles that frequently involves muscles in the arms, legs, and elsewhere and is unique in many other ways. DA3 causes restricted movement of joints in the hands and feet and birth defects of the face, notably cleft lip and palate.

Previously, OrphanAnesthesia published a Czech translation of Dufresne's clinical recommendation for distal arthrogryposis type 1 (DA1) on 21 July 2020 and Spanish translations of his clinical recommendations for DA1 and DA3 on 30 September 2020.

Dufresne, a Washington, DC area plastic surgeon in private practice, has written extensively about FBS and is considered to be one of the leading experts in the world on this exceptionally rare condition, having cared for affected patients since the mid-1980s and written the only FBS clinical recommendations. For Dufresne, writing about rare conditions is all about educating people—scientists, physicians, care teams, family members, and patients—in order to improve patients' chances for a healthy, normal, and productive life. An ever-humble gentleman, publishing medical articles is his way to help many more patients than he ever could directly.

For more information and to arrange interviews with Dufresne and a patient with Freeman-Burian syndrome, contact Ms Mikaela Poling, *Research Assistant*, research@duplastics.com or (304) 460-9038; or Mr Christopher Dufresne, *Office Manager*, info@cdufresnemd.com or (703) 207-3065.

Craig R Dufresne, MD, PC, with offices in Fairfax, Virginia and Chevy Chase, Maryland, is a premier private solo practice providing aesthetic and reconstructive surgery care to adults and children from across the globe. Research supports the mission to provide safe, exceptional, innovative, and compassionate care that enhances overall well-being and health.

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